

Abstract of proposed talk:

After-Death Communications Involving Two Parapsychologists' and Healers' Ongoing Work: (Elisabeth Targ, M.D. and Jane Katra, Ph.D.)

Unexpected and spontaneous communications from deceased loved ones have been sensed by people throughout history in a variety of cultures. Research on the phenomenon of After-Death Communications (ADC) started in the 1880s in England when a group of intellectuals and scientists formed the Society for Psychical Research and conducted a three-year study they titled "Spontaneous Hallucinations of the Sane." Thirteen percent of 17,000 people surveyed in that study reported that at some time while they were awake, they had "had a vivid impression of seeing or being touched by a *living* being, or of hearing a voice; which impression was not due to any external physical cause." Many of the people reported in this 1894 "Census of Hallucinations" that their ostensible psychic communications had occurred near the time of the communicating person's death, so an additional analysis of "death coincidences" was done, thus initiating the field of life-after-death research.

The evidence compiled over the past century for the survival of an intelligent component of human existence after bodily death comes from a range of studies involving trance, mental and physical mediumship, hauntings and out-of-body experiences, anomalous cases of creativity and xenoglossy, dream visitations, apparitions, reincarnation and possession studies, near-death experiences, and most recently, instrumental transcommunication studies.

In the early 1990s I was involved in a spiritual healing of physicist and psychic researcher Russell Targ, and I subsequently moved to Palo Alto, California to work with him. Together we carried out a number of successful Remote Viewing studies, and we also published papers and two books on nonlocal consciousness, psychic abilities, physics and healing.

Russell Targ's daughter Elisabeth Targ was a psychiatrist at the time. She was also a highly intelligent and gifted psychic, an accomplished parapsychological researcher, a certified Russian translator, and a thorough skeptic regarding spiritual healing. She decided to conduct studies in distant healing with men with HIV in San Francisco using very experienced healers

of a variety of modalities from around the US. She intended to show that distant healing was a figment of my imagination. Her data indicated otherwise, and when she repeated her work with a more robust study that showed clear differences between the men receiving healing and the control group, she changed her mind about the power of nonlocal healing and decided that she also wanted to be a spiritual healer.

Sadly, that was not to be. At least, not in the way that we all had hoped. In 2002 Elisabeth was diagnosed with a malignant brain tumor called glioblastoma. Three and a half short months later she died while I, her father Russell, her husband Mark Comings, and some friends were gathered around her bed.

Since then I have been the recipient of or witness to over 35 surprising and spontaneous communications from her. They started a few hours after she left her body when she visited her father and me in our bedroom in her childhood home, at least 10 miles away from the house where her body lay when she passed.

In the weeks that followed, we experienced events in which **lights flashed** while she was being discussed; a woman wrote down **nonsense syllables dictated from Elisabeth** in a **dream visitation** that turned out to be a **coherent message in Russian**; an **inexplicable recording of my discussing Elisabeth's illness occurred on her father's cell phone** message recorder; a woman reported to me that **Elisabeth appeared to her in a dream visitation and saved her life**; a relevant message from a sender with the sole email sender address of "Elisabeth" (spelled with an S) appeared **on my laptop computer**; a nursing professor at Duke University (in the company of myself and two other doctors) **saw her apparition and received explicit messages from her for me** (and for Dr. Marilyn Schlitz, now director of The Institute of Noetic Sciences); **a medium I had never met who was seated in front of me** at a lecture in Durham, NC sensed her presence and vocalized messages from her for over an hour; a variety of people (one in Norway) received **messages from her predicting things she would do that then happened days or weeks** later in the USA; and **a sick woman in Switzerland experienced Elisabeth's presence and watched a book push itself outward from its position and fall off a shelf** while the woman was receiving a phone healing from me, while at the same time I was hearing

Elisabeth's voice in my ear in Oregon dictating a specific and relevant message for me to give to the young woman. That woman subsequently died two days later after emailing to me that **Elisabeth had taken away her pain and fear of dying, and was standing beside her bed, giving her comfort.**

I will describe some of the most compelling of these after-death communications from Elisabeth Targ, and tell how I finally overcame my indoctrination into the super-psi explanation for these many remarkable occurrences. I finally decided to believe in Elisabeth's after-life existence, and to believe that she had, indeed, successfully initiated many contacts with me and others after vacating her physical body.

I am happy to report to you that Elisabeth Targ has indeed become a spiritual healer.